

Food For Thought custom catering



since 1982

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Salad Menu

Cobb Salad – 11.50 per person plus tax and service charge/gratuity

Chicken or Beef with hard-boiled eggs, tomatoes, avocados, bleu cheese crumbles and bacon crumbles; served with fresh fruit and a roll/bread (can be made with spinach)

Summer Salads – served with a roll and dessert

Oriental Chicken Salad – 10.50

Thai Shrimp Salad – 12.75

Chef Salad – 11.50

Salad Plate – Lettuce wedge with bleu cheese crumbles, deviled eggs, tomato

With Grilled Chicken – 10.50 With 6 cold Shrimp – 12.75

Fruit Plate with cottage cheese – 11.00

Stuffed Tomato – 11.00 per person plus tax and service charge/gratuity

Choice of Chicken or Tuna Salad, served on a lettuce leaf with pasta or potato salad and fruit

Salad Buffet – 12.00 per person plus tax and service charge/gratuity

Choice of 1 Entrée: Grilled Chicken Caesar Salad, Seafood Salad, Shrimp Pasta Salad

Choice of 2: Black Beans and Corn, Tabouleh, Spicy Rice, Spinach Salad, Pasta Salad,

Tossed Garden Greens Salad, Fresh Fruit Salad

Served with muffins or rolls

Garden Party Reception – 14.00 per person plus tax and service charge/gratuity

Finger Sandwiches (ham, turkey roast beef, tuna salad and chicken salad), freshly prepared on mini croissants and cocktail buns, served with fresh vegetables with dip and fresh fruit skewers with caramel dip

Buffet Bar – 16.00 per person plus tax and service charge/gratuity

Meat Tray with baked ham, smoked turkey breast and roast beef

Cheese Tray with a variety of sliced cheeses and rolls, breads and accompaniments

Fresh Vegetables and dip or Relish Tray

Fresh Seasonal Fruits

Choice of Salad: potato, pasta, black bean and corn, spicy rise, tossed greens, marinated vegetables, Caesar, three-bean, coleslaw, spinach, broccoli

Dessert may be added for an additional \$3 per person.

All prices are per person plus tax. We charge a \$25 setup and delivery charge or 18% service charge if we stay and service the buffet. There is a 10-person minimum order. Beverages can be added for \$2.00 per person, disposable tableware for \$2.00 per person.