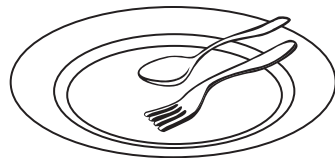


# Food For Thought

## custom catering



since 1982 *Suzanne Smith* *suzanne.foodforthought@gmail.com*  
 303-425-5442 *www.foodforthoughtcaterers.com*

### Desktop Catering<sup>©</sup>

#### ■ BOX LUNCHES

*All lunches include the appropriate condiments and a choice of chocolate brownies, lemon bars, carrot cake or homemade cookies for dessert.*

*The Meeting Special* \$10.00 per person plus tax  
 Freshly made sandwiches on whole grain bread with potato or pasta salad, fresh fruit and dessert. Choice of ham, turkey, salami, tuna or chicken salad, roast beef, or vegetarian.

*All Wrapped Up* \$10.00 per person plus tax  
 Choice of Turkey Avocado Bacon, Vegetarian, or Southwest Chicken with black beans and corn. Each wrap is served with choice of salad (marinated vegetable, pasta or potato), fresh fruit and dessert.

*Fanciful & Healthy* \$11.00 per person plus tax  
 Crab or shrimp salad on avocado half, pasta or marinated vegetable salad, fresh fruit, sliced tomato, boiled egg, fresh-baked muffin or croissant, and dessert.

*Top Chick Salad* \$10.50 per person plus tax  
 Grilled chicken Caesar salad, fresh fruit salad, pasta salad, muffin or roll, and dessert.

#### ■ BUFFETS

*Help Yourself Buffet Bar* \$14.00 per person plus tax  
 An assortment of fresh sliced cold ham, turkey, and roast beef with sliced cheese, rolls and bread, potato salad or pasta salad, fresh vegetable and relish tray, fresh fruit salad, and dessert.

*Salad Buffet* \$11.00 per person plus tax  
 Choice of 1 entree: grilled chicken Caesar salad, seafood salad, shrimp pasta salad.  
 Choice of 2: black beans and corn, tabouleh, spicy rice, spinach salad, pasta salad, tossed garden greens salad, fresh fruit salad. Includes muffins or rolls and dessert.

#### ■ BREAKFAST

*Continental Style* \$7.00 per person plus tax  
 An assortment of freshly baked rolls, muffins, breads and/or cakes with freshly brewed coffee (regular and Decaf), hot tea. For fresh fruit, please add \$1.50 per person. For orange juice add \$1.25 per person.

*Light and Healthy* \$7.00 per person plus tax  
 Bagels and yogurt, freshly brewed coffee (regular and Decaf), hot tea. For fresh fruit, please add \$1.50 per person. For orange juice add \$1.25 per person.

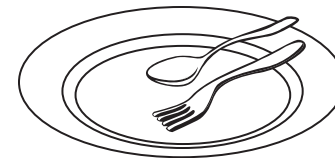
(Full hot breakfast, lunch or dinner service also available)

*Please add \$1.50 per person for beverages.*

*10 Order Minimum*

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#### ■ HOT LUNCH ENTREES BEFORE 4PM

*Chicken*, bow tie pasta and vegetables in an Alfredo sauce . . . . . 10.50

*Lemon Thyme Chicken* with red potatoes or pasta. . . . . 11.00

*Chicken Cordon Bleu* with seasoned rice . . . . . 12.25

*Chicken Marsala* with pasta tossed in garlic & olive oil. . . . . 11.00

*Chicken and Artichoke Casserole*. . . . . 12.00

*Lemon Chicken or Orange Chicken* served with pasta or rice. . . . . 10.50

*Chicken Parmesan* served with pasta. . . . . 11.00

*Florentine Quiche* with potato casserole . . . . . 11.00

*Baked Ham* with fruit sauce and scalloped potatoes . . . . . 10.50

*Turkey* with celery dressing . . . . . 10.50

*Roast Beef* served with scalloped potatoes . . . . . 12.50

*Meatloaf* with mashed or baked potato. . . . . 10.00

*Homemade Soup*, sandwich and relish tray . . . . . 11.00

*French Dip or BBQ Beef, Pork or Chicken Breast Sandwiches* . . . . . 12.00

*Vegetable Stew (Beef or Chicken)* served in a bread bowl . . . . . 11.00

*Lasagna* with garlic bread. . . . . 11.50

*Penne Pasta* with sausage & broccoli. . . . . 11.00

*Taco or Fajita Bar* with ground beef and chicken and all the fixings . . . . . 11.00

*Beef Stroganoff* with noodles. . . . . 12.00

*Baked Potato Bar* with chili, fresh vegetables & cheese. . . . . 11.00

*Salmon Steak* served with seasoned rice . . . . . 14.50

All of the above are served with appropriate accompaniments: hot vegetable of your choice, salad - tossed greens, Caesar, or spinach (additional \$1pp), rolls and butter, dessert. There is a 10-guest minimum. Prices quoted are per person plus tax. Service Charge (18%) will be added if fully catered OR there is a \$25 delivery and set-up charge. Throwaway table service can be provided for an additional \$1.75 per person; full china service for an additional \$3.50 per person. Beverages are \$1.50 per person. We look forward to being of service to you!